INTRODUCTION
Precocity of performance in early schizophrenia, no separation between therapy and rehabilitation, scientific interventions in not medical contexts, keeping the necessity to establish personalized courses yet at an early stage of the disease, are the central pillars of Therapeutic Riding.

COGNITIVE DEFICITS IN EARLY SCHIZOPHRENIA
These symptoms are strictly related with social disability, they are the most difficult to be checked. It is very important to treat them within the first 5 years of disease.

THERAPEUTIC RIDING IN PSYCHIATRY
It looks like a particularly interesting area in early rehabilitation treatment of young psychotic patients, at beginning or prodromal stage. It allows to attend relational, emotional, symbolical and communication areas, either in work group or in courses oriented to achieve self-sufficiency in job.

THE FISE PINDAR PROJECT
It is a multicentric research about psychiatric rehabilitation and Therapeutic Riding in early schizophrenia. Over 1 year a group of 31 patients have been submitted once a week to 10 sessions. The patients were aged 18-40, both sex; taken or by Mental Health Dept, not committed in other rehabilitative intervention because of other rehabilitation incompleteness or lack of attention; no diagnosis of substance abuse, mental retard, epilepsy, specific phobias about animals, height, without any important neurological and orthopedic pathology. Not in acute clinical state.

Preliminary results about the first 11 patients:
During the study we had no acute state, no hospitalization day, 1 drop out.

Test Battery
BPRS; PANSS with 8 items, VGF, SF 36, TAS, TCQ

Some Preliminary Result

BPRS in baseline and T ½ (n=16)

<table>
<thead>
<tr>
<th>BPRS</th>
<th>Baseline</th>
<th>T ½</th>
<th>Percentage</th>
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</thead>
<tbody>
<tr>
<td>A</td>
<td>50</td>
<td>41</td>
<td>-13%</td>
</tr>
<tr>
<td>B</td>
<td>35</td>
<td>27</td>
<td>-17%</td>
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<tr>
<td>Tot</td>
<td>85</td>
<td>68</td>
<td>-15%</td>
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</tbody>
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PANSS IN BASELINE (n=24)
No patient in remission
N. Item score < o = 3 equal to 31%

PANSS ONT/1/2 (n=16)
3 pts in remission and 2 other at just 1 point from remission
N. Item score < o = 3 equal to 53%

CONCLUSIONS
These preliminary results let us think that TR could act as an ideal frame for the rehabilitative courses in early schizophrenia. Particularly at the end of the project we have had:
No hospitalization days; wellness improvement, metacognition improvement, quality of life improvement, care giver quality of life improvement, job setting